Required Monthly Contribution to Reach Desired Annual Income in Retirement

The Financial Foundation		Starting Age				
		30	31	32	33	34
Desired Retirement Income: Inflation Adjusted	\$50,000	\$756	\$815	\$879	\$948	\$1,024
	\$60,000	\$907	\$978	\$1,055	\$1,138	\$1,229
	\$70,000	\$1,058	\$1,141	\$1,230	\$1,328	\$1,434
	\$80,000	\$1,210	\$1,304	\$1,406	\$1,517	\$1,638
	\$90,000	\$1,361	\$1,467	\$1,582	\$1,707	\$1,843
	\$100,000	\$1,512	\$1,630	\$1,758	\$1,897	\$2,048
	\$110,000	\$1,663	\$1,793	\$1,933	\$2,086	\$2,253
	\$120,000	\$1,815	\$1,956	\$2,109	\$2,276	\$2,457
	\$130,000	\$1,966	\$2,119	\$2,285	\$2,465	\$2,662
	\$140,000	\$2,117	\$2,282	\$2,461	\$2,655	\$2,867
	\$150,000	\$2,268	\$2,445	\$2,636	\$2,845	\$3,072
	\$160,000	\$2,419	\$2,608	\$2,812	\$3,034	\$3,277
	\$170,000	\$2,571	\$2,771	\$2,988	\$3,224	\$3,481
	\$180,000	\$2,722	\$2,934	\$3,164	\$3,414	\$3,686
	\$190,000	\$2,873	\$3,097	\$3,339	\$3,603	\$3,891
	\$200,000	\$3,024	\$3,260	\$3,515	\$3,793	\$4,096

Rounded to the nearest dollar. Calculator results vary slightly based on internal assumptions. For entertainment purposes only, not financial advice.

For example... Starting at age 30 with \$0 this table says you will need to invest \$1,210 per month to replace a \$80,000 income in retirement.

Assuming:

- 7% annual real rate of return (inflation adjusted)
- Using the 4% rule to convert portfolio size to annual income
- Starting from \$0
- Retiring at age 65